





TRIP REPORT WAGGA WAGGA VISIT

> GRAB A BARGAIN ITEMS FOR SALE

### NEW: AUGUST TRIPS ANNOUNCED





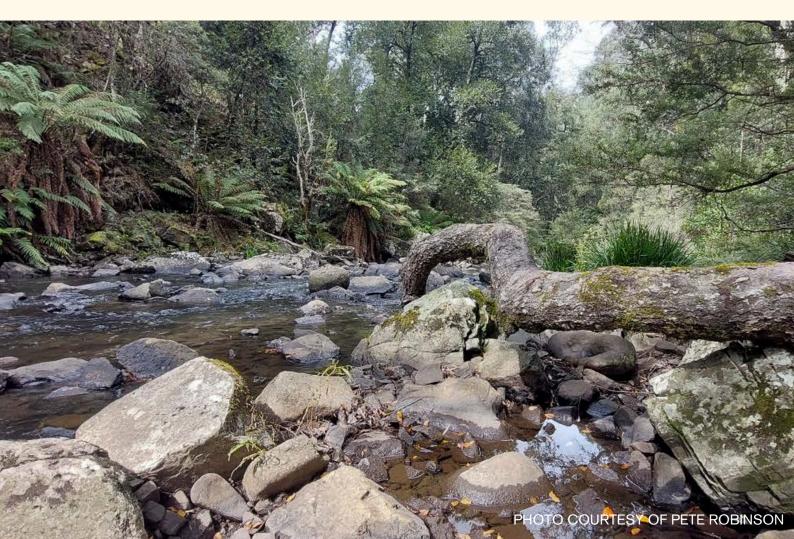
**Central Coast 4 x 4 Club Magazine** 

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Photo Courtesy of Leon Phillips

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# CC4WD Club

### PRESIDENT

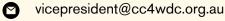
### PETE ROBINSON

president@cc4wdc.org.au

0400 759 693 Q

### VICE PRESIDENT

### SCOTT GOOD



- 0404 810 318

### **SECRETARY & PUBLIC OFFICER**

### **GLENN TURNBULL**



0438 317 073 

### MEMBERSHIP OFFICER

### **DAWN SMIT**



0433 121 784

### TREASURER

### **MICHELLE EDWARDS**



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### TRIP MASTER

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### **EDITOR**

### **ERIKA PHILLIPS**



editor@cc4wdc.org.au

### VACANCIES:

PUBLIC RELATIONS

publicity@cc4wdc.org.au

### SUB COMMITTEE VACANCIES:

- ASSOCIATION DELEGATE
- ASSISTANT ASSOCIATION DELEGATE



Photo Courtesy of Fiona Fisher

### SUB COMMITTEE

ASSISTANT TREASURER

### **ALISON WALLACE**

### QUARTER MASTER

### PETER GLENDINNING

### Q 0407 201 120

MERCHANDISING

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C 0422 021 179

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### RAFFLE COORDINATOR

### JOYCE HOLLINS

4392 3878

LEASE MANAGER

### **KEN MCDONALD 4358 1357**

SOCIAL COORDINATOR YVONNE MCDONALD 4358 1357 

### FROM THE PRESIDENT

Welcome to the August edition of the Central Coast 4 Wheel Drive Club magazine. Finally in the last month of Winter and on the countdown now to Spring in around 4 weeks.

August has a few events which includes a Basic Training weekend on the 10th and 11th, a day trip to St Albans with Scott Horne also on the 17th and a Working Bee at the Lease on the 24th and 25th. Lachy is hosting a day trip to the Glow Worm tunnel and Newnes, also on the 24th. So a few trips and events to join in with. More information is included in the magazine.

Scott Good recently hosted a New Members day trip which saw a few members take advantage of a day out on the trails. The visit by the Wagga Wagga 4WD Club was a sensational weekend, which exposed many of them to the sand and beach driving for the first time. Paul Fisher and Tappy guided them through, and presented a few challenges for them to overcome. Sunday involved a few of our members, presenting the Telescopic Chain Saw to the Dungog RFS. Plus, our Christmas in July was a great weekend, which included our members getting into the off season Christmas spirit.

Our new jackets were quite popular, with the first delivery arriving just in time for the Wagga Wagga weekend and show them off. They performed really well in the cold weather. Thanks again to Jane Savage for sourcing these, as there was a lot of work to try and find the best option.

The 4WD Adventure show is on next month and looking forward to getting some of our members to come along and help out and spend some time looking around at what is on offer.

Our next meeting is on Thursday the 8th of August at 8pm. This meeting also includes the Annual General Meeting, to elect the committee for the 2024 and 2025 year. Nomination forms have been submitted for most positions but we are in need of nominations for the following positions:

- Club Secretary
- Treasurer
- Trip Master
- Publicity Officer

The role of each of these positions are featured in the July magazine and this edition. Conditions are that you must have been a member of the club for 12 months. If a nomination is received by a new member that has not been a member for 12 months, there are provisions under our Constitution to occupy the role in a temporary capacity. For those who would like to dine before the meeting, 6pm meet up before the meeting at 8pm. There will be some light supper after the General Meeting, Looking forward to seeing you all there.

obinson

PRESIDENT

### FROM THE VICE PRESIDENT

Greetings Winter warmers!

Well, that was a busy month! A visit from the Wagga Wagga club, Christmas in July and then a day trip up to the Watagans. I hope many of you got to enjoy the camping and driving as much as I did. I highly recommend getting out on some trips. Our members put on some great trips and there are always plenty of people around to help or offer advice should the situation warrant it. Not all trips are heavy duty, some are more of a social thing with a little bit of dirt or mud. Either way, you'll have fun and make new friends. So go ahead, do it.

Just because July was busy it doesn't mean there's nothing happening in August. On the 8th is our annual general meeting where we elect our committee for the next twelve months. Please make it a point to go, as your input is what keeps the club alive and well. I hope to see you there, pending approval from my doctor and also my managing director  $\bigcirc$ . Then, on the 10th and 11th there a DAF course running up at the lease. I believe there is also a working bee planned to do some general maintenance and restock the wood shed, which is running a bit low at the moment. Please try to help if you can, as the more people that go up and help, the better the outcome for the club. That's it for now. Keep on rollin' Cheers,

Scott Good

VICE PRESIDENT





### **FROM THE EDITOR**

Welcome to August's Magazine,

Some new trips for August have just been added to the schedule, so if you've always wanted to visit the glow worm tunnel now is your chance! We also have a great trip to St Albans and the working bee at the lease coming up too, so save the date!

We also have some items for sale this month, act fast before they get snapped up. If you're reading this Leon, no, you do not need a satellite phone.

If there's anything you'd like to see in the magazine, email it to editor@cc4wdc.org.au before the end of the month to be included in the following month's magazine. Thank you to everyone who contributes, you make it what it is!

Enjoy!

-rika Thillips

EDITOR







Photo Courtesy of Faye Goodman

# **CC4WD Club FAQs**

### CLUB MONTHLY MEETINGS

Club meetings are held on the SECOND THURSDAY of each month at The Entrance Leagues Club, 3 Bay Village Drive, Bateau Bay at 8 pm. Visitors welcome! There is no meeting in January each year.

### COMMITTEE MEETINGS

Committee meetings are held via Zoom on the SECOND MONDAY after the general meeting. All welcome to attend. Contact the President for the Zoom meeting link.

### MAGAZINE INFORMATION

ALL articles and photos are welcomed by the edi-tor and can be emailed to editor@cc4wdc.org.au Please ensure that your articles and trip reports are sent to the editor as soon as possible so they can appear in the next magazine. The cut off date for production is the last Thursday of each month

CLUB POSTAL ADDRESS CC4WD Club PO Box 3533 TUGGERAH NSW 2259

CLUB WEBSITE www.cc4wdc.org.au

WEBMASTER Steve Farmer webmaster@cc4wdc.org.au

The Central Coast Four Wheel Drive Club is a member of the Four Wheel Drive NSW & ACT Association www.4wdnow.com

### **NEXT GENERAL MEETING**



## 8th August 2024 8pm The Entrance Leagues Club 3 Bay Village Road, Bateau Bay

Join Us On Zoom

<u>O</u>R

Zoom meetings are free and you can join from your computer, phone, iPad or other tablet. If you are not joining by computer, you will need to get the Zoom app before you can join a Zoom meeting.



ZOOM ETIQUETTE : PLEASE REMEMBER TO REMAIN ON MUTE UNLESS YOU ARE THE ONE SPEAKING

Thank you to all who came!













# **Central Coast 4WD Club General Meeting**

THURSDAY JULY 11, 2024 - THE ENTRANCE LEAGUES CLUB

Start time:	7:58 pm
Attendees:	As per attached attendance record
Apologies:	Paul Fisher, Helen Tanner, Bev Fort, Helen & John Smyth, Beryl & Alan Howard, Peter Glendenning, Greg Douglas, Shane Tapscott, Ken & Yvonne McDonald, Glenn Turnbull, Chris Mitchel,
Visitors:	As per attached attendance record

### Minutes of the previous meeting:

That the minutes for the General Meeting held on (13/06/24) as published in the Motion: magazine with the amendment above be accepted:

Moved: Scott Good Seconded: Joyce Holland Action: Carried

### President's Report: Pete Robinson

N/A

### Secretary's Report: Glenn Turnbull

Correspondence and emails received as tabled.

From	Subject	Response
NAB	Term deposit	

Member enquiry	Club trip dates for 2024	Sent summary from the latest magazine
4wd NSW & ACT	Association payment receipt	

Hard copy correspondence: N/A

### Outward correspondence: N/A

**Motion:** That the inwards and outwards correspondence that will be presented in the magazine be accepted.

Moved: Dawn Schmitt Seconded: Lisa Good

Action: Carried

### **Treasurer's Report:**

### **Michelle Edwards**

Michelle presented the following report at the General Meeting to be captured in the meeting minutes and printed in the monthly magazine:

CC4WD CLUB TREASURERS REPORT -for JULY General Meeting	5	
DATE:	28/6/24	
BALANCE SHEET		
Investment Term Deposit		\$20,626.18
Undeposited Funds		\$0.00
Cheque account:		\$10,895.61
NET POSITION		\$31,521.79
Income:		
Fun Fines		\$17.25
Donations		
Raffle		\$95.00
Membership		\$3,840.00

Merchandise	\$470.00
Miscellaneous	
Christmas Party	
Social Event	
Interest	\$0.27
Advertising	
TOTAL INCOME	\$4,422.52
Expenses:	
DTU	
Miscellaneous	
Bank Charges	47.16
МҮОВ	\$68.00
Monthly meeting	
Lease	\$15.94
Advertising	
Club affiliation	\$3,674.00
Membership	\$213.58
Merchandise	
Raffle	\$62.50
Annual XMas Party	
Donations	
TOTAL EXPENSES	\$4,081.18
NET PROFIT	\$341.34

**Motion:** That the Treasurer's report as presented at the meeting and reported above will be accepted.

Moved: Jane Savage Seconded: Alison Wallace Action: Carried

### Bills for payment:

BILLS FOR PAYMENT		
то	FOR	
ΟΝΥΑ	merchandise	\$729.50
TELC	catering 12/6	\$170.00
TELC	catering 11/7	\$170.00
Pete Robinson	RFS gift reimburse	\$1,468.06
TOTAL		\$2,537.56

**Motion:** That the Bills of payment as presented at the meeting and reported above will be accepted.

Moved: Sherrie Pandich

•

Seconded: Jane Savage

Action: Carried

### **Membership Officer Report:**

- New membership presentations:
  - o Ros & Trevor Aldred
  - 10 year membership
    - o Scott Horne
      - o Steve Farmer & Cathy Lucas
- 15 year membership o Kerry & Wayne Parsons
  - o Tony Clark
- Reminder to get membership renewals in, if you want to pay in instalments you can. Please advise Dawn or Michelle so they can track the bank account.

### **Vice Presidents Report:**

### Scott Good

### **Dawn Smit**

### **Editor's Report:**

- Erika loves the trip reports, please keep them coming in.
- If you have some nice photos, send them to the Editor or put them on the FB page so Erika can grab them for the mag.
- Featured member, if you'd like to be featured please reach out to Erika.

### Assistant Treasurer's Report: Alison Wallace

- Assistant Treasurer position will be vacant at the AGM. Please talk to Pete if you are interested in filling the position.

### Lease Managers Report:

• NSTR (Nothing Significant To Report)

### **Driver Awareness Report:**

- NSTR
- And then Pete found the certificates in his folder and had to award them to Michelle and I who were at the table.
- Mark Darcy also got his certificate.

### Merchandise Report:

- Jackets are in stock.
- All the usual merchandise still for sale.
- If you want to place an order for something, they will be the Friday after the meeting, ie. the next day after the meeting, the 2nd Friday of the month.
- We need 8 items to do the embroidery, so if we don't get 8 in the month they will be carried forward to next month for delivery.
- Jane will be away next month, can someone please cover her position.

N/A

### Shane Tapscott

Ken McDonald

### Jane Savage

**Erika Phillips** 

### **Raffles:**

### **Joyce Hollins**

Prizes on offer tonight include:

- Smoke detector
- Cast iron frying pan
- Tuppa-ware
- Perpetual diary
- Towels

### **Quartermaster Report:**

### **Peter Glendinning**

• All going well, please contact Peter if you need anything.

### **Public Relations:**

### **NSW/ACT Association:**

N/A

### **General Business:**

- Michelle raised that the financial books need to be audited ahead of the AGM. If anyone knows anyone who would like to do it or can recommend, please let her know.
- The club received advice that the Defib may have a fault and not announce it's voice steps. We have received advice of how to test this, Pete Robinson will check this weekend while at the lease and advise.

N/A

• The club has purchased a Husqvarna battery pole saw to donate to the Dungog RFS this weekend.

**Social Activities:** 

### **Yvonne McDonald**

• Yvonne has asked President Pete to raise a motion to forward \$400 to Yvonne's account for Xmas in July expenses. Receipts to be retained and submitted to the club.

### Motion:

That the club forward \$400 to Yvonne to cover Christmas in July expenses with receipts to be submitted to the club for reconciliation post event.

Moved: Steve Turdak Seconded: Alison Wallace

**Outcome: Carried** 

### **Items for Sale:**

Paul Fisher

o Nissan Patrol

- § It's been well looked after
- § Talk to Paul if you are interested
- Scott Horne has a roof rack for sale and some towing mirrors.
- Complete Campsite camper for sale, talk to the Wallace's.

### **Trip Masters Report:**

### Lachy Thomas

Trips presented on the night (see the magazine for more details):
 0

### **Upcoming Trips:**

- Here's a summary of the up-and-coming trips, check out the magazine for more details:
  - o Wagga club visiting
  - o Xmas in July
  - o New members trip, 28th July
  - o DAF Basic 10th & 11th August
  - o Glow Worms trip, 24th August
  - o Snowy Mountains, 5th à 7th October
  - o Fraser Island, 20th à 26th October

- $_{\odot}$  DAF Advanced 9th & 10th November
- $_{\odot}$  Abercrombie River, 16th à 18th November

### **Piston Broke Trophy:**

• Frank for a blown transmission. After Lachy kindly volunteered to take it without questions asked.

### Legend of the Month:

• To be presented by Pete to the team helping out at the Working Bee today & the Wagga club

### **Fun Fines:**

Gold coin donations for forgotten badges and phones ringing.

### **Final Notes:**

- The next Committee meeting will be held on 22/08/24 7pm @ The Entrance Leagues Club. Contact Pete Robinson for details - all welcome to attend.
- The next General Meeting will be held on 08/08/24 at the Entrance Leagues Club and on Zoom.

Meeting closed at 8:51 pm

Minutes by Lachy Thomas

President Pete Robinson

# CC4WDC ANNUAL GENERAL MEETING THURSDAY 8TH AUGUST

**8pm** The Entrance Leagues Club

ELECTIONS

END OF YEAR REPORTS

FINANCIAL STATEMENT

CONFIRM MINUTES OF LAST AGM



# Annual General Meeting

3566,9

In addition to normal business, the business of the AGM is:

- To confirm the minutes of the last AGM and of any special general meetings held since previous meeting
- To receive reports from the managing committee about the activities of the club during the last financial year.
- To receive and consider the financial statement which is required to be submitted to members pursuant to section 26 ( 6 ) of the act.
- To elect the members of the Managing committee and office bearers for the coming year.

### Members are to be elected to fill the following positions:

### **MANAGING COMMITTEE:**

PRESIDENT VICE PRESIDENT SECRETARY ASSISTANT SECRETARY TREASURER MAGAZINE EDITOR TRIP MASTER PUBLIC RELATIONS OFFICER

### **SUB COMMITTEE:**

4068,134 6380,378 7310,694

ASSISTANT TREASURER QUARTERMASTER PUBLIC OFFICER SOCIAL CO-ORDINATOR MERCHANDISING OFFICER RAFFLE CO-ORDINATOR LEASE MANAGER DAF TEAM LEADER ASSOCIATION MEETING DELEGATES (2)

Elections will be conducted in accordance with rule 14 of the Club Rules.

In particular, please note that candidates for the positions must have been a member of the Club for a minimum of 12 months since last joining. Candidates must be nominated in writing, signed by 2 members and accompanied by written consent of the candidate.

The nomination in writing must be delivered to the secretary of the Club not less than 7 days before the date of the AGM. Note that nominations can only be accepted in writing, as above, however if no nomination for any particular positions are received prior, then nominations for these positions will be accepted at the AGM.

### CC4WDC DUTIES OF OFFICE BEARERS AND SUB-COMMITTEE MEMBERS

### President

- Club spokesperson
- Chairperson for general and management committee meetings.
- Sign off on all meeting minutes
- Monthly report for club magazine.

### **Vice President**

- Duties of President in their absence
- Organise a yearly new members barbecue

### Secretary/Public Officer

- · Keep minutes of all general and management committee meetings
- Maintain records of:
  - Appointments of office bearers and management committee members
  - Keep record books and documents relating to the club
  - Maintain a register of club correspondence
  - Arrange collection of the club's mail (from PO Box at Lakehaven)
- Monitor incoming club email correspondence and forward to relevant members.
- Submit the following to the Department of Fair Trading
  - "Annual Statement Form" (at start of financial year), "Notice of Appointment and of Name and Address of Public Officer" (after Annual General Meeting),
  - "Notice of Alteration of Objects or Rules" (within one month of Club voting) and any other requirements of the Department.
- Forward committee details to the Four Wheel Drive NSW & ACT Association.
- Forward general meeting minutes to the editor for inclusion in the magazine

### **Membership Officer**

- Duties of Secretary in his/her absence.
- Maintain club database and membership details
- Process new memberships purchase badges and create new member packs

### Treasurer 🔶

- Ensure all money due to the club is collected & received;
- Ensure all payments authorised by the club are made
- Keep books and accounts showing the financial affairs of the club including full details of all receipts and expenditure related to club activities.
- Maintain a balance sheet and income and expenditure account for the financial year to be prepared and tabled at the Annual General Meeting.
- Ensure all Club monies are deposited in the nominated bank accounts.
- Ensure all signatures are submitted to the nominated banking authority and that they are kept up to date.

### Assistant Treasurer 🔶

- Duties of Treasurer in their absence.
- Assist membership officer to process new memberships
- Collect payments at meetings EFTPos and cash and reconcile for the treasurer

### Trip Master 🔶

- Encourage and co-ordinate trips and events.
- Prepare pre-trip paperwork for trip leaders.
- Forward trip reports to Four Wheel Drive NSW & ACT Association after each trip.
- · Announce upcoming trips and co-ordinate verbal trip reports at general club meetings

### **Magazine Editor**

- Collate all articles for the club magazine and publish online
- Compile club magazine monthly
- Maintain email addresses for club Members and Email Magazine to all Members
- Email magazine to our advertisers and affiliated associations
- Maintain Attendance Register & Visitors Register at club general meetings

### **Public Relations Officer**

- Seek advertising for the club magazine and promote the club activities.
- Update register of Advertisers and advise editor of all details
- Update club website and Facebook page

### Social Coordinator 🔶

• Arrange and co-ordinate social activities, including Christmas parties.

### Quarter Master

- Keep all club equipment in a safe place
- Issue the equipment to members as required
- Keep a register of where all equipment is stored

### **Raffle Coordinator**

• Arrange for purchase of raffle prizes and run the raffle at club meetings.

### Lease Manager

- Oversee maintenance and co-ordinate working bees at We-Leas-er
- Maintain a register of volunteers to maintain We-Leas-er

### **Merchandising Officer**

- · Order and maintain supplies of club apparel and merchandise
- Attend meetings and sell club merchandise
- Association Meeting Delegates
- Attend meetings of the Four Wheel Drive NSW & ACT Association
- Report Association news to club general meetings

### Driver Awareness Facilitator Team Leader

- Managing the DAF team including introducing new members to the team and equipping the new team members
- · Organise meetings of the DAF team to review any updated training procedures and to discuss any matters
- Monthly reporting of DAF team activities at the club committee meetings
- Report information to members at club meetings and presentation of certificates from previous driver awareness days
- Receive bookings from members to participate in driver awareness days (both club and NSW/ACT Association)
- Ensure there are enough DAF's for driver awareness days
- Advise Secretary or assistant Secretary or Membership officer, of participants at the Basic and Advanced days, for updating members records
- Advise club Magazine Editor of participants that completed Basic and Advanced courses, for preparation of Awareness certificates, to be presented at club meetings
- Encourage DAF team members to complete, or be willing to complete, a Basic Association Driver Training Unit Course (DTU Course) or similar qualification level

### Association Meeting Delegates

- Attend meetings of the Four Wheel Drive NSW & ACT Association
- · Report Association news to club general meetings



### WAGGA WAGGA VISIT REPORT

### **BY ALAN POTTIE**

After several years of good intent and intermittent planning, Scott Sainsbury of our Club and Paul Fisher and Shane Tapscott of the Central Coast 4WD Club pulled together a wonderful 4 day weekend of training and touring in the beautiful Dungog and Stockton area.

Friday was spent touring from Wagga Wagga to Dungog, meeting our hosts at the Dungog Pub. After a welcoming beverage, the Wagga Wagga Team of Scott, Grant Gablonski, Susan Shraenkler, Graham McKenzie, Peter van Wel, Jason Hussey, Byrne and Viky Ghavalas and Alan Pottie were lead to the Central Coast Club facilities at a beautiful area of farmland.

Saturday commenced early with a 1 hour trip to Stockton Beach, where 4WD accredited trainer Paul Fisher and Shane (Tappy) guided us through a very comprehensive sand training induction, followed by exercises and general "play" while touring the southern section of Stockton Beach. When a vehicle "failed to proceed", the opportunity for learning was taken. The messages of suitable low tyre pressure and appropriate momentum were learnt and enjoyed by all.

As seen in the accompanying photos, we were blessed with beautiful fine weather, which was very fortunate after about 10 days of wet! We headed back to camp a bit after 2 pm to a very enjoyable Saturday evening happy hour and dinner!

Sunday dawned beautifully, and in anticipation of the local touring of an area north of Dungog.





### STOCKTON BEACH & WAGGA WAGGA VISIT REPORT

### **BY PETE ROBINSON**

The weekend of Saturday the 13th and Sunday the 14th of August, saw a combined weekend of adventure which included a visit from the Wagga Wagga 4 Wheel Drive Club. Paul Fisher and Tappy know the members of the Wagga Club quite well, through their connections with the 4WD Association.

They were keen to gain some experience in sand and beach driving and Paul and Tappy planned the weekend to satisfy their appetite for the sandy terrain.

The Wagga team arrived late afternoon on the Friday and met up with Paul and Tappy in Dungog. They all travelled out to the lease in convoy, then setting up camp. A few cold drinks around the fire was a good way of introduction with all our members.

Saturday morning started with Paul and Tappy leading the Wagga crew, out from the lease to Stockton Beach. I led a crew of our members on a separate trip of our own. Leaving the lease a short time after Paul and Tappy, we headed straight to McDonalds at Williamtown.

Ray Kaltenbacher and Brian Mac met us in the McDonalds car park as they were only coming as a day trip. We all headed down to the Lavis Lane car park to air fown. Once pressures were lowered, we hit the baach, travelling south over the sand dunes. We passed Paul and Tappy as they and the Waga crew were parked on top of a hill. We continued to the southern boundary of the beach and parked up for a loka round. There were quite a few quad bikes to beach too, all enjoying the sand hils.

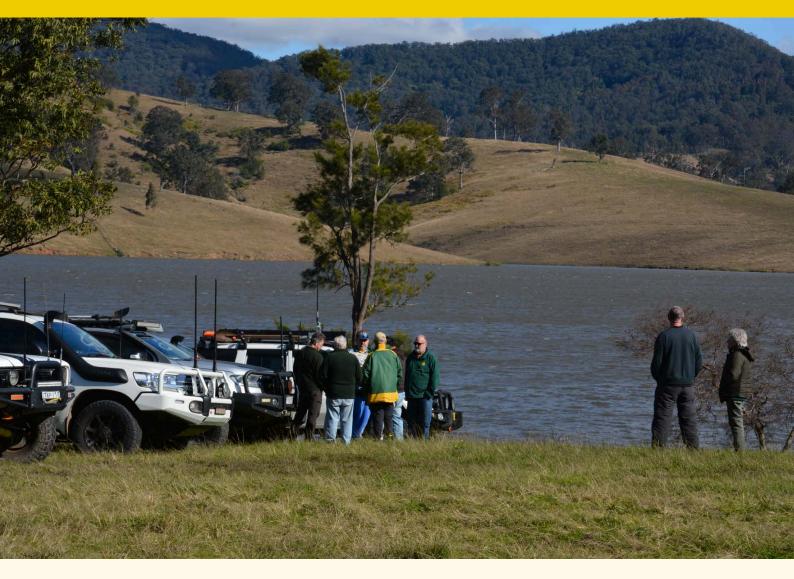
Moving on again, we stopped a few times to check out the camping areas. Might look at a camping trip once the weather starts to warm up. We headed north and stopping at the Tin City car park for a quick stop. Moving north again, we travelled up towards Anna Bay. Taking the Anna Bay exit, we all then headed to the Anna Bay Tavern for lunch and a chat.

After lunch, we decided to return to Williamtown via the beach. Scott Horn decided to air back up and head back to the lease on the road. After making our way back to Lavis Lane, it was time to air up and head back to the lease.

Dinner time and a few social drinks around the fire to end the day's adventure.







Once we had finished at the RFS Station, we headed up to the Dungog High School, and waited for the rest of the crew to meet in the bus bay. Once we were all grouped up, Ken and Yvonne lead the convoy, which included the Wagga Wagga club, making our way out the Lostock Dam. Crossing over the dam wall, we stopped in a large grassed area on the dam.

Time for lunch then a very brave Kookaburra made itself comfortable on a camp chair, and waited for someone to offer food. A few samples of food seemed to satisfy before flying off.

After lunch, time to head back on the road and Ken and Yvonne lead the convoy through some scenic roads, finally making our back to Dungog, then back to the lease.

The Wagga Wagga crew were quite impressed with the lease and café and certainly enjoyed the terrain. They were looking at hosting a weekend down their way for our members who may be interested in travelling down there. Great to create good relationships with other clubs who have different areas to offer to explore.

Thanks to all that came along for the weekend, that made it such a great success.

# 2024 Volunteers Wanted

RANKLIN

# the term of te

# + Thank you dinner Saturday Night + FREE ENTRY ON THE DAY

# Friday 6th - Sunday 8th September

Sign Up now for a 2 hour shift helping at your show

https://4wdnow.com/pages/4wd-adventure-show-1







### DUE NOW

### ANNUAL GENERAL MEMBERSHIP - \$90

ANNUAL GOLD MEMBERSHIP\* - \$50 (\*Only for members with 15 years consecutive membership)

### **PLEASE MAKE PAYMENTS TO:**

Name:	Central Coast Four Wheel Drive Club Inc
BSB:	082 620
Account:	622 378 649
Description:	Your Name OR Membership Number AND
	the word RENEWAL
	(Please do this description so that we can
	easily allocate your payment to your
	membership)

### HAVE YOUR DETAILS CHANGED?

Changed Address, email, telephone number or car? Email new details to: membership@cc4wdc.org.au

### **UPCOMING EVENTS 2024**

### **17 AUGUST ST ALBANS & CONVICT TRAIL**

LIMIT - CONTACT FOR INFO

### 24 AUGUST **NEWNES GLOW WORM TUNNEL**

LIMIT - CONTACT FOR INFO

### 24 - 25 AUGUST **WORKING BEE @ LEASE**

LIMIT - ALL WELCOME

JUST TURN UP WHEN YOU CAN

### 20 - 26 OCTOBER

### FRASER ISLAND (K'GARI) TRIP

LIMIT - 8 VEHICLES

DAVE EDWARDS 0418 605 445 **EXPRESSIONS OF INTEREST** 

### **16 - 18 NOVEMBER ABERCOMBIE RIVER**

**LIMIT - 8 VEHICLES** 

RAY KALTENBACHER 43427521 RAYANDBERYL15@BIGPOND.COM

SCOTT HORNE TEL: 0431 578142

**CLASS C** 

LACHY THOMAS TEXT 0403 083 191

**CLASS C** 



**CLASS D** 



### **DRIVER AWARENESS TRAINING**

### **BASIC TRAINING**

10 - 11 AUGUST 12 - 13 OCTOBER

### **ADVANCED TRAINING** 9 - 10 NOVEMBER

### DAF OFFICER

### **SHANE (TAPPY) TAPSCOTT**

- Maf@cc4wdc.org.au
- 0408 026430





### **ST ALBANS & CONVICT TRAIL**

### **17 AUGUST**

MEET - 9:00AM MANGROVE MOUNTAIN @ THE HUB CAFE, WARATAH ROAD

Travel via Wisemans Ferry Road.

Morning tea at Mills Creek campground. Pool car to limited car parking at the beginning of convict trail. (Old great North road) return to Mills Creek.

Then visit historic cemetery with some first fleet graves. After lunch explore Upper MacDonald Road & visit St Albans nut company. Travel home via Wollombi road & stop at Mogo campground & walk around loop to view colvits on convict trail or the option to drive past Mogo & drive a track to view colvits. Trip ends at Bucketty. After viewing colvits on the intersection of George Downs Drive.

### YOU WILL NEED:

- WALKING SHOES
- DRINKING WATER
- MORNING TEA
- OPTIONAL: LUNCH AT ST ALBANS PUB

32

CONTACT SCOTT HORNE TEL: 0431 578142 RSVP 16th August



### **NEWNES GLOW WORM TUNNEL**

### 24 AUGUST

MEET - 9:00AM CLARENCE STATION, TOP OF THE ZIG ZAG RAILWAY

We'll meet at the top of the Zig-Zag, heading into the Newnes Plateau we'll head out to the newly redone glow worm tunnel. It's about a 3 hour round trip walk, over fairly level ground.

After the Glow Worms we'll head accross the plateau taking in some sights and 4x4 destinations, before finishing back at Clarence

### YOU WILL NEED:

### MINIMUM REQUIREMENTS

- FOOD
- WATER
- WALKING SHOES
- TORCHES

- UHF RADIO
- ALL TERRAIN TYRES
- RECOVERY KIT
- WALKING SHOES
- TORCHES

### CONTACT LACHY THOMAS TEXT: 0403 083 191



### **UPCOMING EVENTS 2024**

### **GRADE C (LOTS OF SAND)**



### FRASER ISLAND (K'GARI) TRIP

20 - 26 OCTOBER

EXPRESSIONS OF INTEREST STAY - DUNDABARA CAMPING AREA

Enjoy 6 nights on Fraser Island with a base camp at Dundabara Camping Area. This is a fully fenced (dingo safe) camping area on the eastern side of the island with hot showers and flushing toilets. Due to limited trailer sites this will be a tent only trip. The plan will be to meet at Inskip Point on the mainland early on the Sunday prior to the ferry crossing and drive along the beach to camp. We will have 5 days to explore the island seeing sites such as the Maheno Wreck, Champagne Pools, Eli Creek, Lake Mackenzie, Lake Wadi and Central Station. We will pack up and return to the mainland on Saturday 26. You will need to make your own way to and from Inskip Point.

### ESSENTIAL REQUIREMENTS

- Camping Permit and Vehicle Access Permit: https://qpws.usedirect.com/qpws/
- Roadworthy vehicle with cooling system and brakes in excellent condition
- 2 inch suspension lift recommended
- All terrain tyres, light truck rated with a minimum of 50% tread.
- Front and rear rated recovery points
- Recovery gear including shovel, recovery boards and a jacking plate.

### CONTACT

DAVE EDWARDS TEL: 0418 605445 TO REGISTER INTEREST





### **UPCOMING EVENTS 2024**



### **ABERCOMBIE RIVER NATIONAL PARK**

### 16 - 18 NOVEMBER

MEET - 13:30PM - OBERON TOURIST INFORMATION CENTRE, ROSS STREET STAY - SILENT CREEK CAMPGROUND

From Oberon Tourist Information Centre, we travel via Black Springs to the National Park to our camp site at Silent Creek to set up camp then then maybe do a short trip!

Sunday we will do a full day run around the Park. Before returning home on Monday, via the Oberon Goulburn Rd.

Small off road trailers will be ok on this trip.

Trip has several creek crossings & steep hills.

### YOU WILL NEED:

### MINIMUM REQUIREMENTS

- FOOD
- WATER
- FUEL
- FIREWOOD
- RECOVERY GEAR
- CAMP GEAR
- SENSE OF HUMOUR



- DRIVER AWARENESS BASIC OR DTU STAGE 1
- UHF RADIO
- RECOVERY POINTS

### CONTACT

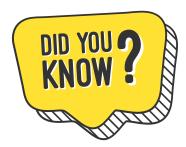
RAY KALTENBACHER TEL: 43427521 rayandberyl15@bigpond.com



### PLAN YOUR OWN CLUB TRIP

- Phone any club member that has run a trip previously, they'll love helping you
- Look at trip reports and trip notices in old magazines for ideas
- Watch YouTube videos about four wheel drive trips
- Look at other 4WD club websites
- Look at the list of previous club trips in past magazines for inspiration

### THE CLUB WEBSITE HAS LOTS OF INFORMATION ABOUT HOW TO LEAD A GREAT TRIP.



The club website has a member's only page with documents and information for club members only?

Contact any member of the committee for the password.



#### **TRIP BOOK-IN PROCEDURE**

Please familiarise yourself with these procedures to avoid any frustration

1. You must personally book in

2. If you book in early you must confirm that you still intend going no later than two weeks before the trip. If you do not confirm, your position will be re-allocated

3. If you are unable to attend please notify the trip leader as soon as possible so that someone else has the opportunity to fill the position

4. It is YOUR RESPONSIBILITY to contact the trip leader the night before the trip. This will enable you to confirm your attendance, and also check that the trip hasn't been affected by weather conditions

#### TRIP CLASSIFICATION CODES

A. This class of trip is considered to be extremely difficult. Participants will have to be experienced at travelling over difficult terrain. An amount of winching and/or towing will almost definitely be required. Participants will be required to bring along basic recovery equipment. The trip leader will have the right to reject a request to go from someone who is considered under experienced.

B. This class of trip is considered to be a moderate to difficult trip. An amount of winching and/or towing will almost certainly be required. Under extreme weather conditions, this trip could develop into a class A trip.

C. This class of trip is considered to be a moderate trip. Various sections of this trip will require cautious driving in order to negotiate your way. In most circumstances winching and/or towing will not be necessary.

D. This class of trip is considered to be a relatively easy trip. It is unlikely that any winching and/or towing will be required.

E. This class of trip is considered to be very easy. Little or no four wheel driving will be required and these trips usually consist of easy to reach base camps, scenic tours, social events, etc.

#### IMPORTANT NOTE: ALL B AND C TRIPS YOUR VEHICLE MUST BE ABLE TO ENGAGE LOW

**RANGE.** These classifications codes are a GUIDE ONLY. The code designated to a trip can change from the time of designation to the actual time of the trip. Although every attempt is made to ensure that an accurate class is given to each trip, members should be sure for themselves that they are capable of handling the type of trip they have chosen. If in doubt consult the trip leader, and they will advise you whether you and your vehicle are suitable.





#### CONVOY PROCEDURE

Photograph Courtesy of Shane Tapscott

- · Trip leaders to remind all drivers about convoy procedure before moving off
- Trip leaders to check that everyone on the trip has enough water, fuel, recovery gear and food
- Trip leaders to inform all participants of the radio channel (and alternate radio channel in the event of too much interference on the first channel) to be used and ensure everyone can hear them before moving off
- The trip leader will appoint a "Tail End Charlie" who always travels at the back of the convoy. Their job is to acknowledge and confirm all communication from the trip leader and ensure all vehicles are on the road whenever setting off
- Trip leaders to let Tail End Charlie know the state of any gates (whether open or closed) and Tail End Charlie must leave them in the same state they were found in
- Trip leaders to advise all participants of upcoming turns/hazards etc and make sure the Tail End Charlie has acknowledged any communication
- Do not drive in a manner or at a speed that could endanger yourself or any another participant
- If driving through steep or hazardous terrain always ensure the vehicle in front has passed through the hazard/steep section before you proceed and pay particular attention to the vehicle behind you, to ensure they've safely navigated the hazard
- Make sure you maintain visual contact with the vehicle behind you. At intersections, stop and wait until the driver behind acknowledges they've seen the turn
- If you need to leave the convoy, you must let the trip leader know
- If the convoy gets too spread out, the trip leader can appoint someone to be a relay between the trip leader and Tail End Charlie
- If a recovery is necessary, the trip leader will take control and delegate if necessary. If you're not directly involved, make sure you stay well away from the recovery
- When in convoy, stay in your designated position. Eg: 4th car in the convoy. Do not overtake the vehicle in front without their permission
- · Do not reverse or drive in the opposite direction to other vehicles in the convoy
- Always drive with headlights on
- Although the preferred communication is by radio, if you can't contact other drivers via radio, you should flash your headlights
- Using radios to communicate doesn't replace the need for convoy procedures to keep everyone safe and on the right track



#### **TRIP NOTICES**

First of all, a big thanks to you for running a trip! We appreciate that there is a lot of planning

and thought which goes in to leading a trip.

When you are writing up your trip report to be advertised in the magazine, please include the following details:

Trip Leader: Name and contact details
Where to meet: Include as much detail as possible including the time
The location of the trip:
The Grade of the trip: Please refer to the Trip Classification codes
Vehicle limit: the maximum number of vehicles permitted on the trip
What to bring: Please be detailed here eg: food and water requirements, a bag of firewood, full tank of fuel, recovery gear, swimmers
Minimum requirements: Eg: must have completed stage 1 or 2 driver awareness, snorkel, recovery points, working UHF radio, winch
Costs: Please note here if there are any costs involved. Eg: camping fees, museum or entry fees, booking fees, meals, accommodation etc

Please then write a summary of the trip so people know whether the trip would be suitable for them. Include where you'll be heading, where'll you camp/stay, any highlights/points of interest along the way, then conclude with how, when and where the trip will finish up.

Another fantastic addition to any trip notice are some photos you have taken on previous trips to showcase some of the highlights of the trip. Please do not leave this up to the editor to include any photos.

Once you have all the details in your trip notice, please email in Word or Publisher format to

tripmaster@cc4wdc.org.au so the Trip Master can log the trip AND to editor@cc4wdc.org.au so it can be included in the next magazine.



There are written and verbal trip reports for each Club trip undertaken. At the beginning of each trip, the Trip Leader will request a volunteer for the written and verbal reports. Usually, the last person to turn up to the meeting place is assigned the coveted job of writing the trip report for the magazine.

#### HOW TO SUBMIT A TRIP REPORT

- Take notes as you travel and take lots of photos along the way
- When you get home, type up your report in Word or Publisher and include your photos in the document.
- · If you prefer to send your photos separately, please label your photos with the location and
- names of people etc.

Please upload your photos to Google Drive, OneDrive, DropBox or a similar file sharing service and email the link with your Word or Publisher document to editor@cc4wdc.org.au.

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your cheapest

100% Market Coverage Cheapest Price Guaranteed Everything You Need to Kny

calculate

calculate now

greenslip >

Coverage

**Cheapest Price** 

Guaranteed

**Everything You** 

Need to Know

easy. done.

You can always refer to past magazines for examples of how a trip report is written. If you have any questions at all, please email the Editor at editor@cc4wdc.org.au



You have arrived. You took that red dirt track, wheeled your way through the mud and battled the bulldust.

You find yourself a nice secluded patch to set up camp for the night, or maybe two - who knows. The awning is out and the rooftop tent is ready to lay your head later that night. The campfire is roaring and the Milky Way is beaming down at you. This is what it's all about right? Well you're not alone, this is what we're about too

How often have you found yourself in this setting and considered what you would do if the worst were to happen to your kitted out 4X4? Take a moment to do that - we'll wait.

Would your insurance payout allow you to rebuild this dream? If your rig burnt to embers that night, how much would you be covered for? If you had an accident on that red dirt track, would your insurer cover you for driving there?

If you're not sure, head on over to Club 4X4 country, we understand what you need.

Visit CLUB4X4.COM.AU or call 1800 CLUB 4X4 for a quote





### **2024 WE-LEASER MAINTAINANCE ROSTER**





#### **WE-LEASER FOR MEMBERS**

We-Leaser is for use by Financial Club members and their Family.

Visitors must have a club member with them.

Please follow the guidelines set out in the following pages, including signing in and out on the forms provided in the café.

Remember, no pets at the lease, don't feed any of the farm animals, or wild animals and please be conscious of turning off the gas bottles after you use the gas



#### **GUIDELINES FOR USE OF WE-LEASER**

These guidelines have been prepared in conjunction with the property owner and reflect the

club's ethics to ensure that everyone enjoys their time at the property.

- Everyone is expected to treat the property with care and respect.
- Club members must accompany any visitors for duration of stay.
- You must sign in on the forms provided as soon as you arrive. Sign in forms are located in the box attached to the pole inside the café.
- Always check current fire restrictions for the area before lighting a fire. Make sure that the fire is properly extinguished before the last person goes to bed and/or before leaving the property.
- · Please use the established firepit to avoid fire burns all
- Rubbish must all be taken home with you.
- We only lease the 30 acres around the camping area. Please do not drive to any other parts of the property.
- Motor bikes and any unregistered vehicles are not allowed on the property. We aren't insured for these, and our lease doesn't allow it.
- Don't feed the animals on the property.
- When-ever possible, replace firewood you use with timber from outside the property. Do not collect fire-wood from the property.
- The tanks on the property collect rainwater and are not for drinking. They may also be empty if it hasn't recently rained, so please always carry your own water.
- When using the barbecue or the burners, please turn off the gas at the bottle as soon as you finish cook-ing, otherwise it will leak. If the gas bottles are empty, there are 2 options:
- Pay to get them refilled and request reimbursement by emailing a copy of your receipt and bank de-tails to the treasurer at treasurer@cc4wdc.org.au
- Use our account at the garage at the top of the town as you come in (contact the lease manager for how to use our account if using this option). If using this option, please remember to email a copy of the invoice provided to you to treasurer@cc4wdc.org.au
- No domestic animals or pets are allowed
- Before you leave, please check the following:
  - Double check the gas is off at the bottle to ensure no leakage
  - Make sure the café gates are closed so livestock can't get in and make a mess
     Make sure the toilet and shower doors are closed.



#### **KNOW YOUR LEASE**

**Front Entrance** - The entry to the Lease from Main Creek Road. (thru gate marked by a Black Sign with a White Circle on it)

**Lease Road** - Dirt road that runs from the Lease Entrance thru Carowiry Creek. From the creek it then runs across The Lower Camp Site and up to the Middle Camp Site. From the Middle Camp Site it then runs up past The Top Track to the Back gate

**Carowiry Creek** - Name of Creek at entrance to Lease.

The Lower Camp Site - First Camp site nearest to creek.

Middle Camp Site - Camp Site on which The Rosebud Café is located.

**Top Camp Site** - The Camp site which is located at the top of the hill next to the Storage Sheds and the Toilets.

**Rosebud Cafe** - Under cover B,B,Q / Kitchen Area. (Named many years ago when some children hung a bunch of plastic Rose flowers on to one of the Canteen support poles. (they are still there today)

Stairs - Run from canteen down to The Bottom Camp Site

**Woodstock** - Name given to the shed where wood is stacked.

Storage Sheds and Toilet Amenities - Located on hill 50m South of the Rosebud Cafe.

**The Top Track** - The North to South track that cuts across the top of the Lease.

Back Gate - Rear entrance to the Lease. (Entrance to Black Bulga State Forest area)

**Wallaby Dam** - A small dam located on the Northern Side of The Lease Road and halfway to The Back Gate.

**Frog Hollow** - Area of dense, dark forest which starts at the beginning of Walk 1 and runs thru to the 1.2.3. sign at the beginning of Cow Gully. (Maps of Lease Walks and instructions are found in the Lease Walks Log Book in the info cupboard.)

**Cow Gully** - The gully which acts as a water course for the Southern side of The Lease and runs from The Top Track down to Carowiry Creek.

**Memorial Lookout** - Small area dedicated to the memory of those that have passed. (Located 50m South of Back Gate)

#### REMEMBER

It is not safe to camp underneath Gum Trees as they often shed branches. Due to the agistment of stock on the Lease please leave all gates on the Lease as you find them.



#### Lovells GVM/GCM Upgrades

- Increase Towing Capacity - Australian Made & Designed - Increase Vehicle Loading - Drive in. Drive Out Service

- Lift Kits & Rebushing

- Engineering Support & Advice



Suspension Upgrades. Wheel Alignment Suspension Lifts Kits.

GVM/GCM 4WD Kits Re bushing suspension Adjustable Pan Hard Rods







10% off for CC4WDC **Members** 

2/2 London Drive Wyong 0243 512 659 sales@suspensionconcepts.com.au

#### Another Australian Steel Building by



SHEDS. MADE. TOUGH.

SHEDS. GARAGES. KIT HOMES. PATIOS. STABLES. BARNS.



## www.shedsnhomes.com.au

#### CLUB EQUIPMENT AVAILABLE FOR LOAN TO MEMBERS



#### Are you having a get together, party or going on a trip?

The CC4WD Club has equipment which is available to go on loan to its Members

Some of this equipment includes:

- Fold up tables (located at the lease)
- A portable gas barbeque
- Gazebos
- Eskies
- And lots more...

For a more detailed list of all equipment, please see Members Page on the Club Website.

Should members wish to borrow this equipment please contact our Club Quartermaster — Peter Glendinning on 0407 201 120.

Please be aware that it is the Quartermasters role to store and issue equipment and NOT to deliver it or clean it. Please ensure anything returned to Pete is clean and let him know if it is faulty or broken.



#### **CLUB MERCHANDISE**



#### How to purchase club merchandise

You can purchase your club merchandise at general meetings or you can email our merchandise officer and have your items posted to you.

#### If purchasing by email:

Make sure you include full details including your size where relevant.

Contact Jane- 0422 021 179

Email-03jane68@gmail.com

Make payment to the club account – (purchase price plus \$10 postage)

The club bank account details are: Account name: Central Coast Four Wheel Drive Club Incorporated BSB: 082 620 Account: 622378649

See the full list of merchandise on the following page.



**CLUB MERCHANDISE SHOP** 

Club clothing is a great way to promote our club and show your support for responsible 4WDriving and the clothing is good value.

Contact: Jane Savage – email–03jane68@	)gmail.com	
Jacket (polar fleece with emblem)		\$40.00
Green sleeveless vest (polar fleece with emblem)		\$35.00
Club Shirt (with Embroidered Club Logo)		\$30.00
Long Sleeve Bisley Shirt (with Embroidered Club Logo)		\$45.00
<b>Optional Extra</b> (with first Name only)		\$POA
Wet Weather light-weight Jacket (with Embroidered Club Logo)		\$POA
Extra name plate badges (new style)		\$10.00
Baseball Caps (with Embroidered Club Logo)		\$15.00
Floppy Hats (like Cricket hats with Embroidered Club Logo)		\$18.00
Beanies (with Embroidered Club Logo)		\$15.00
Scarves (with Embroidered Club Logo)		\$18.00
Stubby Holders (with Logo)		\$5.00
Club Stickers		\$5.00
CC4WD Club Windscreen Stickers	Large	\$20.00
CC4WD Club Windscreen Stickers	Medium	\$12.00
CC4WD Club Windscreen Stickers	Short	\$8.00

OUR WINDSCREEN STICKERS ARE MADE BY ONE OF OUR CLUB MEMBERS, CHRIS NEWBOLD AND DONATED TO THE CLUB. THANK YOU CHRIS!

## DO THE HIERARCHY OF RECOVERY

## Snatch

**INCREASE IN RISH** 

### Winching\*

Tow

#### **Recovery Boards**

Shovel Track Building Vehicle Preparation Kinetic recovery with a high potential for injury or damage

> Dynamic recovery with moderate potential for injury or damage

Zero kinetic recovery with low potential for injury or damage

Reduced risk recovery with low potential for injury or damage

> Minimal risk recovery with extremely low potential for injury or damage

## Know your Weights



-	60
VEHICLE TARE WEIGHT	(Unladen weight   No payload)
GROSS VEHICLE MASS	(GVM or max legal weight) (Vehicle tare weight + max vehicle payload)
TOW BALL MASS	Downward mass applied to tow vehicle (to be calculated into gross vehicle mass)
TRAILER TARE WEIGHT	Unladen weight   No payload
AGGREGATE TRAILER MASS	(ATM) Trailer tare weight + max_trailer payload
GROSS TRAILER MASS	(GTM) Trailer tare weight + max trailer payload excluding tow ball mass
GROSS COMBINED MASS	(GCM) (Gross vehicle mass + tow ball mass + gross trailer mass)
Supported by the	
NSW	TOWARDS ZERO
OCUERNMENT	

Transport for NSW

## Loading Your Vehicle and Caravan

#### Everything you pack weighs something

To determine how much you can pack, or your pay load, everything that is additional to the TARE mass of your caravan, plus everything you have packed must be weighed.

#### Don't overload your caravan

This table shows example weights of various items that may be part of a caravan's payload along with the caravan's tare and maximum carrying capacity to demonstrate how to measure the safe carrying capacity.



Maximum pack weight 400kg

What you pack, or your payload, must not exceed the lowest tow capacity of your towbar, towing vehicle, tyre capacity or caravan ATM.

#### Holiday Pack

Luggage = 30kg Cutlery = 3kg Crockery = 10kg Pots and pans = 11kg Barbeque = 25kg Groceries= 35kg Cleaning supplies = 7kg Broom= 2kg 2 x sheets = 5kg 2 x pillows = 2kg 2 x blankets = 6kg 2 x blankets = 6kg 2 x bloycles = 30kg Outdoor seating = 15kg Outdoor table = 10kg TOTAL = 191kg

#### Vehicle Extras

Awning = 30kg Air conditioner = 35kg Caravan TV = 7kg Spare tyre = 25kg 2 x mattresses = 45kg Gas bottle = 25kg 100L water = 100kg TOTAL = 267kg

Total= 458kg (58kg overweight)

#### **ADDITIONAL WEIGHTS\***

#### Vehicle Extras

al to TARE
Steel bullbar
Alloy bullbar
Plastic bullbar
Winch bar
Full roof cage
Roof racks
Side awning
50L fridge (empty)
75L fridge (empty)
2man rooftop hard shell
4man rooftop tent
Second battery
Single slide draws
2 slide draws
20L jerry can (full)
Side steps

#### **Caravan** Extras

additional to TARE	
35kg	Air conditioner
7kg	Caravan TV
25kg	Spare tyre
30kg	Awning
45kg	2 mattresses
25kg	Gas bottle
100kg	Water
40kg	Annex floor/sides
10kg	Hoses
10kg	Ramps/chocks

If Also consider the extra weight you may accumulate while travelling, grey water tank, casette tailet waste, terms you pick up along the way.

\* Weights are indicative only. Actual weights may vary

#### **Holiday Pack**

additional to TARE		
30kg	Luggage/clothing	
3kg	Cutlery	
10kg	Crockery	
11kg	Pots/pans	
35kg	Groceries	
15kg	24 beers	
4kg	4L wine	
7kg	Cleaning supplies	
4kg	Broom/vacuum	
15kg	Sheets/towels/linen	
25kg	Barbeque	
15kg	Outdoor seating	
10kg	Outdoor table	
30kg	2 bicycles	





#### **FIRST AID KIT - BASICS**

With increasing interest in the recent Bush First Aid course run by Sue from Express First Aid, I thought it would be good to examine what is available, what should a first aid kit contain, and where to purchase a recommended one.

#### What's required?

Carrying a First Aid kit within your vehicle is a must when driving remotely and recommended on all club trips. But what should your kit contain? Most have a collection of plasters, bandages and other first aid bits and bobs, but does it contain what is needed for trips out bush? Below are some of the contents a BASIC first aid kit should contain, but more is recommended for camping and 4WDing, customising your first aid kit depending on the activities you do.

A basic first aid kit checklist might include:

- · crepe bandages of varying widths
- hypoallergenic (skin) tape
- triangular bandages
- · adhesive dressing strips (such as band aids) in different sizes
- gauze swabs
- combine dressing pads (10cm x 10cm)
- non-stick dressing pads (7.5cm x 10cm)
- sterile eye pad 
   alcohol swabs
- stainless steel scissors (sharp/blunt) 12.5cm
- disposable gloves
- stainless steel pointed splinter forceps (tweezers)
- shock (thermal) blanket
- safety pins
- · notepad and permanent marker
- sterile saline tubes/sachets
- · disposable resuscitation face shield
- antiseptic skin swabs
- stop itch cream
- first aid booklet



#### **UHF RADIO CHANNELS - AUSTRALIA**

Which channels to use and avoid

UHF (Ultra high frequency) radios are a commonplace accessory the vast majority of 4WDers use for general convoy communication on highways and tracks. It is important to remember that UHF transmissions are not private communication and anyone within range will hear your conversation so some simple etiquette is important. The UHF radio is a must have when going on 4WD trips. Below are the list of channels you should and shouldn't be using.

#### Acceptable UHF channels and their usage:

Channels 9, 12-17, 19-21 24-28, 30, 39, 49-60, 64-70, 79 and 80: General chat channels Channel 10: 4WD Clubs or Convoys and National Parks Channel 18: Caravanners and Campers Convoy Channel Channel 40: Australia Wide road safety channel used primarily by truckies and oversized load pilot vehicles Channel 29: Road safety channel Pacific Hwy/Mwy (NSW & QLD) Channels 1-8 and 41-48: Repeater/Duplex channels (output) Channels 31-38 and 71-78: Repeater/Duplex channels (input)

#### Legally restricted channels

Channel 5 and 35: are for emergency use only

Channel 11: is the 'call channel' - a general meeting channel for when communication has been lost. Once communication is established you should quickly move to another general chat channel. Channel 22 and 23: to be used for telemetry and telecommand automated communications only. Packet data and voice transmissions are not permitted

Please note: As at July 2020, the on the spot fine for misusing the emergency channels is \$444 OR up to 2 years imprisonment (for an individual) OR up to \$333,000 fine for all others. If the misuse interferes with an emergency call, these penalties increase to up to 5 years imprisonment for an individual OR up to \$1,110,000 fine for all others. These penalties are set to increase every 3 years from 1 July 2020.

## CLUB MEMBER'S ADVERTISING PAGE

Do you have your own business and want to share it with other club members?

Tor a letter class of mechanical needs!"

Troy Bennett

2/7 ACE CRESCENT TUGGERAH NSW 2259 PHONE 02 4352 2044

service@coastalautoenterprises.com.au

Please contact editor@cc4wdc.org.au if you're a member and would like to advertise your business in the club magazine — it doesn't have to be four wheel drive related.

Cost is \$80 per year.

Everyone wants to deal with someone they can trust, so if you need a hairdresser, a plumber, a bookkeeper or any other service, it will be great to contact a fellow club member for assistance. If you have a logo or a website we can add that to your listing.

# FOR SALE





## Satellite Phone

• Thuraya XT-LITE

 Only Used on 1 Trip through Outback NSW

Contact: Cherrie 042 879 5221

\$250 ONO

## Wireless Reversing Camera

- Never Installed
- In Box

Contact: Cherrie 042 879 5221

\$30 ONO



## **Double Camp Bunk Bed**

Durable 600D polyster fabri

Weight rating when used as single beds 10 Weight rating when used as single beds 10 Weight rating for top bunk 80kg

WEIGHT T/kg

Contact: Ray Kaltenbacher -Rayandberyl15@bigpond.com



\$50

#### **Members Photo Gallery**



Photo Courtesy of Pete Robinson



Photo Courtesy of Timbajinka Dave



Photo Courtesy of Pete Robinson



Photo Courtesy of Jane Savage



# https://www

#### LINKS TO HANDY WEBSITES

- <u>NATIONAL PARKS NSW</u>
- **FORESTRY CORPORATION NSW** (STATE FORESTS)
- LIVE TRAFFIC NSW
- RURAL FIRE SERVICE NSW
- BUREAU OF METEOROLOGY (BOM)
- WITHOUT A HITCH ADVICE ON CB RADIO CHANNELS

#### HANDY PHONE APPS

- Wikicamps
  - a great app with photos and details of campsites contributed by campers
- BOM—Bureau of Meterology
  - Government weather app
- Memory Maps
  - Shows off road tracks and allows you to create a track log that you can follow
- Hema Maps
  - Shows off road tracks and allows you to create a track log that you can follow
- Fires Near Me NSW
  - (there are equivalents in other states if you are venturing further afield)
- Google Maps
  - Shows you where you are while on designated roads and can also show you traffic conditions but will not be reliable once you are in the bush
- NSW Incident Alerts
  - (there are equivalents in other states)
- Fuel Map
  - · Guide to fuel locations
- Live Traffic NSW



#### **OUR CLUB WEBSITE**



The website is a great resource with information about our club as well as club magazines, up coming trips, past trips, FAQ's and important and relevant club documentation.

There is also a members only area on the website. Please contact one of our committee members for the password. In this section, you can access a link to Club  $4 \times 4$  — our Club's preferred insurance provider where you will receive a discount on your insurance.

If you have anything you would like to contribute please email publicity@cc4wdc.org.au.

#### **OUR CLUB FACEBOOK PAGE**

Our Club Facebook page now has close to 1000 followers and is a great place to view recent club trips, videos, photos, tips, information about state forests and national parks. Just search on Facebook for Central Coast 4wd club and "Like" our page.

#### **OUR CLUB MEMBERS FACEBOOK PAGE**

This is a closed Facebook group that is only open to current financial members of our club. It is a great place to post your trip photos, have a general chat and discuss all things four wheel driving!

To join, search for CC4WDC members group on Facebook and click the blue button "Join Group"

Your request to join will then be submitted for approval by one of the Admin team who will check that you are a financial member and then approve your request.

